



The University of New Mexico
Prevention Research Center

Community Based Prevention Research **Journal Club Series**

Walking Versus Running for Hypertension, Cholesterol, and Diabetes Mellitus Risk Reduction Significance

[Article for Discussion:](#)

Walking versus running for hypertension, cholesterol, and diabetes mellitus risk reduction significance. Williams PT, Thompson PD.
Arterioscler Thromb Vasc Biol. 2013 May;33(5):1085-91.

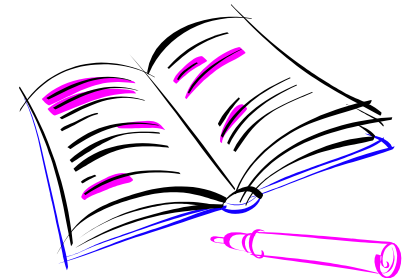
Please read the article before the presentation so that we may have a lively discussion afterwards!

Presenter: Sarah Sanders, RN, MS

Date: Tuesday, June 18, 2013

Time: 12:00 noon to 1:00 pm

Place: Research Incubator Building (RIB) Commons
UNM Campus, 2703 Frontier NE,
Albuquerque, NM 87131



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