Walking Versus Running for Hypertension, Cholesterol, and Diabetes Mellitus Risk Reduction Significance

Article for Discussion:


Please read the article before the presentation so that we may have a lively discussion afterwards!

Presenter: Sarah Sanders, RN, MS

Date: Tuesday, June 18, 2013

Time: 12:00 noon to 1:00 pm

Place: Research Incubator Building (RIB) Commons
UNM Campus, 2703 Frontier NE,
Albuquerque, NM 87131

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