Motivational Interviewing and Dietary Counseling for Obesity in Primary Care: An RCT

**Description/abstract:**
Few studies have tested the impact of motivational interviewing (MI) delivered by primary care providers on pediatric obesity. The authors tested the efficacy of MI delivered by providers and registered dietitians to parents of overweight children aged 2 through 8 years.

**Article for Discussion:**

DOI: 10.1542/peds.2014-1880

*Please read the article before the presentation so that we may have a lively discussion afterwards!*

**Presenter:** Alberta Kong, MD, MPH

**Date:** Tuesday, June 16, 2015

**Time:** 12:00 noon to 1:00 pm

**Place:** Research Incubator Building (RIB) Commons
UNM Campus, 2703 Frontier NE
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