

# Prevention Research Center Rio Grande Institute Noon Conference Series: **Journal Club**

**Prospective associations and population impact of sweet beverage intake and type 2 diabetes, and effects of substitutions with alternative beverages**



**Description/abstract:** This study aimed to evaluate the association of types of sugar-sweetened beverages (SSB) (soft drinks, sweetened-milk beverages, sweetened tea/coffee), artificially sweetened beverages (ASB) and fruit juice with incident type 2 diabetes and determine the effects of substituting non-SSB for SSB and the population-attributable fraction of type 2 diabetes due to total sweet beverages.

**Article for Discussion:** O'Connor L, Imamura F, Lentjes MA, Khaw KT, Wareham NJ, Forouhi NG. Prospective associations and population impact of sweet beverage intake and type 2 diabetes, and effects of substitutions with alternative beverages. *Diabetologia*. 2015 Jul;58(7):1474-83. doi: 10.1007/s00125-015-3572-1.

<http://www.ncbi.nlm.nih.gov.libproxy.unm.edu/pmc/articles/PMC4473082/>

*Please read the article before the presentation so that we may have a lively discussion afterwards!*

**Presenter:** Andrea Cantarero  
**Date:** Tuesday, September 15, 2015  
**Time:** 12:00 noon to 1:00 pm  
**Place:** Research Incubator Building (RIB) Commons  
UNM Campus, 2703 Frontier NE Albuquerque, NM 87131

For more information contact Glenda Canaca: 505-272-4462 or [GICanaca@salud.unm.edu](mailto:GICanaca@salud.unm.edu)