Prospective associations and population impact of sweet beverage intake and type 2 diabetes, and effects of substitutions with alternative beverages

**Description/abstract:** This study aimed to evaluate the association of types of sugar-sweetened beverages (SSB) (soft drinks, sweetened-milk beverages, sweetened tea/coffee), artificially sweetened beverages (ASB) and fruit juice with incident type 2 diabetes and determine the effects of substituting non-SSB for SSB and the population-attributable fraction of type 2 diabetes due to total sweet beverages.


[http://www-ncbi-nlm-nih-gov.libproxy.unm.edu/pmc/articles/PMC4473082/](http://www-ncbi-nlm-nih-gov.libproxy.unm.edu/pmc/articles/PMC4473082/)

*Please read the article before the presentation so that we may have a lively discussion afterwards!*

**Presenter:** Andrea Cantarero

**Date:** Tuesday, September 15, 2015

**Time:** 12:00 noon to 1:00 pm

**Place:** Research Incubator Building (RIB) Commons
UNM Campus, 2703 Frontier NE Albuquerque, NM 87131

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