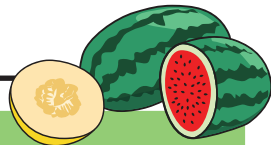


Watermelon Fruit Popsicles



Ingredients:

1 seedless watermelon, cut into small pieces

popsicle sticks with rounded ends

strawberries (fresh or frozen), cut into small pieces

popsicle molds, paper cups, or ice cube trays



Directions:

- 1 Puree the watermelon in a blender.
- 2 Pour watermelon puree into popsicle molds (paper cups and ice cube trays will also work well).
- 3 Drop in small pieces of strawberries.
- 4 Add a popsicle stick to each popsicle and freeze.



Watermelon Fruit Popsicles *continued*



Tips:

Use seedless watermelon or remove ALL seeds from a regular watermelon.

Cut strawberries into pieces no larger than $\frac{1}{2}$ inch to prevent choking.

Monitor “snack time” carefully to avoid injury from a popsicle stick.