Easy Asparagus Soup

Ingredients:
- 1 - 15 ounce can asparagus
- 1 - 14.5 ounce can chicken broth
- 1/2 cup non-fat or 1% milk (optional)
- Salt and pepper to taste

(Serves 4)

Directions:
1. Blend the asparagus (along with the liquid from the can) in a blender until it is completely smooth.
2. Heat asparagus and the chicken broth in a saucepan over medium heat.
3. Stir in 1% or non-fat milk (if you are using it) and bring to a simmer.
4. Add salt and pepper, to taste.
5. Serve and enjoy!