

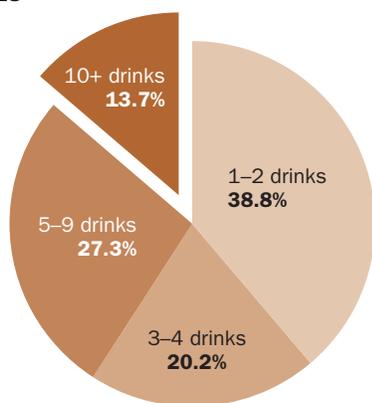
## 2013 NM-YRRS Results: Maximum Number of Drinks Consumed

Increased alcohol consumption is strongly associated with students' risk of social, emotional, and physical problems, including unintentional and intentional injuries and death. In 2013, the NM-YRRS high school survey included a new question<sup>1</sup> about

the maximum number of drinks students consumed in a single session. In 2013, 4.0% of all New Mexico high school students reported drinking 10 or more drinks. *Among current drinkers\**, 13.7% consumed 10 or more drinks.

<sup>1</sup> During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?

**Maximum Number of Drinks Consumed Among Current Drinkers\***  
Grades 9–12 ■ NM ■ 2013



\* **Current drinkers** are students who had at least 1 drink of alcohol in the past 30 days.

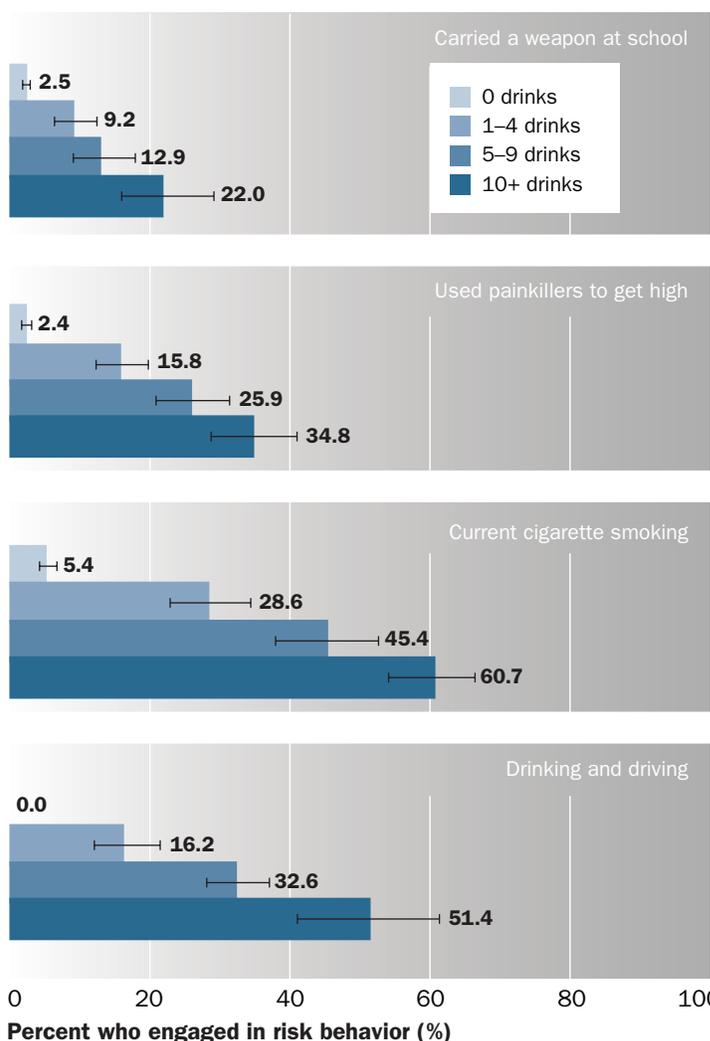
The rates of engaging in a wide variety of risk behaviors increased with the maximum number of drinks students consumed in a single session.

Compared to students who did not consume alcohol, students who reported drinking a maximum of 10 or more alcoholic beverages at least once during the past 30 days were:

- Nearly **9 times as likely** to have carried a weapon on school property
- **14.5 times as likely** to have used painkillers to get high
- More than **11 times as likely** to smoke cigarettes

Compared to students who consumed a maximum of 1–4 drinks, those who reported drinking 10 or more were 3 times as likely to drink and drive.

**Risk Indicators by Largest Number of Drinks Consumed in a Single Session, Grades 9–12 ■ NM ■ 2013**



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