

THE CONNECTION

Volume I, Issue 2
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Coming in the next issue:

Articles

- Media Literacy
- Zuni Healthy Foods First
- Diabetes Cultural Translation

Reports/Updates

- Project DEFINE



Featured Community Advisory Council Member:

Good Retirement Plans for Carol Johnson; Great News for the CAC!

Elizabeth Van Mil, Ph.D.

Planning to Retire

After serving with Indian Health Service (IHS) for over twenty-five years, Carol Johnson has decided to retire. But, happily for the Prevention Research Center and her colleagues on the Community Advisory Council, she is *not* retiring from the CAC. "I said to Sally (Davis)," Carol explains, "that if she wanted me to stay on as a member of the CAC, I'd be glad to do so." That is an offer the PRC cannot refuse. Carol has been a valuable member of the CAC since 1999. She provided input in her area of expertise, nutrition education, reviewed grant proposals and helped to develop new health promotion training programs.

When asked about her most important experiences as a member of the CAC, Carol stated that the most valuable was the members sharing information about programs and needs in other parts of the state, learning what research can be funded, and developing programs. She stated that "it was exciting to be able to provide input from the standpoint of the real world, and also to be involved in the intellectual life of the university, to keep up to date."

A Lifetime of Experience

As her colleagues know, Carol has a lifetime of significant background experiences and a strong commitment to advancing public health programs. Born and raised in New York on Manhattan Island in Harlem, she received her bachelor's degree in Food Science and Management from Pratt Institute in Brooklyn. Her move to the University of California-Berkeley, to obtain a Master's in Public Health



(L to R) Theresa Clay, Carol Johnson, and Leslie Cunningham-Sabo.

(MPH) and dietetics internship, was the first step toward becoming a Southwesterner. Her MPH fieldwork with the Arizona Department of Health led to a dynamics position in the same department. Six years later, she took her first IHS position in Tucson with the Nutrition and Dietetics Training Program. But the position as Nutrition Training Officer was transferred to Santa Fe. She moved reluctantly, "kicking and screaming all the way," because she did not want to move to Santa Fe. However, she met her husband there and has lived there since. When their son was born, she transferred to the Santa Fe Service Unit as the Public Health Nutritionist, allowing her to travel less, and later she was named Preventive Health Director.

Continued on **PAGE 4**

School Health and Teacher Training: *Making the Connection*

Chris Hollis, MPH, MPS, and Breda Bova, Ph.D.

“Coordinated school health not only improves children’s health, it improves the learning capacity of children.”

--Dr. Lloyd Kolbe

Coordinated School Health programs (CSH) can help schools and communities to retain good teachers. Teachers have often left the profession stating they are not able to handle the health and safety problems that keep their students from learning well, and therefore result in poor school performance or low test scores. The student health issues teachers are confronted with include asthma; mental illness; the use of alcohol, drugs and tobacco; obesity; stress; the consequences of unsafe sex; and even violence.

Like health professionals, future teachers and principals can learn during their college and university training the skills and knowledge they need to handle these very real problems. In response to this need, the University of New Mexico Prevention Research Center (UNM PRC) is working with the UNM College of Education, the Health Sciences Center, and the School Health Offices of the State Department of Education and the State Department of Health to enhance the training of teachers, administrators and school health professionals by including CSH in their course offerings.

CSH offers eight program areas that can make schools healthy, safe and

supportive places for both students and school staff. These are: nutrition services, physical education, comprehensive health education, parent/community involvement, health services, staff wellness, healthy school environment, counseling and mental health services.

This year, the UNM PRC took another step forward by hosting the statewide *Coordinated School Health and Institutes of Higher Education Round Table III: Pre-Service Training, Making the Connection* on September 25-26, 2002, in Albuquerque. At this innovative Round Table, 35 state leaders in education and school health shared their “lessons learned” from including CSH into teacher and health professional training, and planned strategies for the future.

The keynote speaker, Dr. Lloyd Kolbe, Director of the CDC’s Division of Adolescent and School Health (DASH), reminded participants that “a child who is ill or injured or hungry or depressed, who’s using alcohol or pregnant, is not going to learn as well as a child who is not.” He urged colleges and universities to partner with local, state and national groups to push forward a national agenda to promote CSH.

The Round Table participants included Deans, an Associate Provost and department chairs from UNM, New Mexico State

University, New Mexico Highlands University, Eastern New Mexico University, College of Santa Fe, UNM-Gallup, and Harvard. Officials from the NM State Department of Education and Department of Health, New Mexico First, and the New Mexico Coalition of School Administrators also came. Staff from Congressman Tom Udall’s (D-NM), and Senator Jeff Bingaman’s (D-NM) offices came, showing their support for the school health and academic achievement issue.



Dr. Lloyd Kolbe

The culmination of the Round Table event was the development by participants of an outline for a strategic plan, with the goal to improve their training programs and to educate state policy-makers about this important health and education issue.

Funding: Special Interest Project 14-99, 10/01/99-09/30/03: “Effective Coordinated School Health Programs,” Division of Adolescent and School Health, Centers for Disease Control and Prevention.

Contact Information: Christine Hollis, MPH, MPS, Health Education Manager, Center for Health Promotion & Disease Prevention, UNM Department of Pediatrics, Albuquerque, NM 87131; (505) 272-4462; and Breda Bova, Ph.D., Associate Dean, UNM College of Education, Albuquerque, NM 87131; (505) 277-8178.

PRC Receives Funding for Participatory Action for Healthy Lifestyles (PAHL) Grant



(L to R) Everett Rogers, Nancy Hood, Leslie Cunningham-Sabo, Shirley Pareo, Sheri Lesansee, Elverna Bennett, Theresa Clay, Sally Davis, Gilbert Quintero, and Carol Marr, NM Department of Health.

The Prevention Research Center of the University of New Mexico Health Sciences Center is the recipient of a grant from the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services. The UNM project was selected as one of 25 funded projects from among more than 300 proposals submitted to the CDC Prevention Research Program. Entitled *Participatory Action for Healthy Lifestyles (PAHL)*, this project has several unique features in the field of health promotion and disease prevention. The primary objectives are to study the dissemination and utilization of a multi-level health promotion research project, Pathways, which was designed to address health disparities among American Indian schoolchildren. This project was designed and implemented through extensive participatory planning with community members, and involved a school-based intervention

for third through fifth graders that included a classroom curriculum, and food service, physical activity and family components. The PAHL staff have been invited to disseminate Pathways by three distinct groups—the tribal community of Crownpoint, New Mexico state personnel working in the New Mexico Department of Health, and the University of Arizona's Prevention Research Center.

This project provides a unique opportunity, according to Dr. Sally Davis, the principal investigator, "to learn more about what is included in the successful dissemination of a project. Too often, a research project is conducted and then it ends, never being shared with a broader audience. Little is known about how to put research into practice. Our goal is therefore two-fold: to disseminate

Pathways and to learn more about the process of dissemination."

"This grant program seeks to reduce the time between discovery and application of research by engaging as co-researchers the practitioners, policy makers, or community members who would be the ultimate users of research findings," stated Dr. Lawrence Green, Director of CDC's extramural prevention research office.

Dr. Edward Baker, Director of the Public Health Practice Program Office at CDC, praised this project, stating that "we are impressed with the creative ways that academic and community partners have proposed to combine their knowledge and skills in research processes. This effort should pave the way for wider use of participatory research by public health organizations."

Cristina Beato, M.D., Principal Deputy Assistant Secretary for Health, U.S. Department of Health and Human Services, announced the award during a special event in early October. "Programs that help promote healthy life-style changes within the schools and communities are of critical importance to the nation," said Beato during the award ceremony.

For further information about this three-year multi-disciplinary project, please contact the UNM Prevention Research Center at 272-4462.



In this position in the early 1980's she first met Sally and the late Dr. Janette Carter. Carol assisted them by providing names for focus groups for the program *Strong in Body, Mind and Spirit*. After 11 years in this position, Carol was hired by the Centers for Disease Control and Prevention (CDC), as the IHS Public Health Advisor for the Cancer Prevention and Control Program, a position in Albuquerque

that she held for more than five years. Her worklife returned to Santa Fe in 1999 when she became the Public Health Nutritionist for the Santa Fe Service Unit Special Diabetes Program that was funded through the 1998 Balanced Budget Amendment. In the last four months before retirement Carol returned to the IHS Nutrition & Dietetics Training Program.

After exposure to the Southwest Diabetes Prevention Center Summer Institute, Carol began discussions about setting up a similar program in Santa Fe for the northern Pueblo tribes. She worked with Theresa Clay and Sheri Lesensee to establish the Rio Grande Institute. (See related article in this issue.)

Retirement Plans

Asked about her plans for retirement, Carol said that "the first priority is to get my body back in shape." For that, she does fitness exercises first thing every morning. In addition, she said, "the second thing is to get my house back in shape." She also plans more frequent visits to her mother, who is 88, in fairly good health, and still living in Manhattan.

Does Carol plan to rest on her laurels?



Carol Johnson speaks at a previous CAC meeting.

No! As she described various activities that were being considered or already scheduled, she acknowledged that she "should not overcommit herself." At the time of our conversation, she was preparing to teach the last session of a diabetes cooking class, *Kitchen Creations*, with the Santa Fe County Cooperative Extension Service Home Economist. It was offered each Friday in October for 25 Santa Fe residents—one third from Santa Fe Service Unit Pueblos. She will teach additional *Kitchen Creations* classes in Pojoaque and Stanley in 2003. In November, during National Diabetes Awareness Month, she will teach a one day class at Las Cosas, a Santa Fe cooking school, at the request of the chef instructor from whom she had taken classes on tamale y rellenos and African foods.

Teaching cooking classes has a special meaning for Carol, both professionally and personally. Her son recently received his Associate of Arts degree in Culinary Arts from the Art Institute of Colorado in Denver. Carol may work as a consultant, in recruitment and retention for a five-year grant awarded to the Program of

Excellence at the Master of Science in Public Health program at the University of Colorado Health Science Center in Denver. This will enable her to spend time with her son, and it also fits her criteria for retirement projects to promote a more diverse faculty and student body—to "work at projects with a specific time frame—a beginning and an end."

Another focus, to revise curricula and assist with IHS Nutrition and Dietetics

Training Programs, also meets this criteria. And assisting at the elementary school her son attended by offering the program, *Cooking With Kids*, will offer the stimulation she enjoys and also meets her criteria for retirement projects.

Though she would like to visit the national parks, Carol stated that her travel plans depend on her husband's schedule. He is retired from Los Alamos National Laboratory, and teaches at Santa Fe Community College. Carol will be one of the NM PRC CAC members attending the PRC National Community Committee meeting during the CDC's Chronic Disease Prevention and Control Conference scheduled for February 19-21, 2003, in St. Louis.

As Leslie Cunningham-Sabo and Theresa Clay noted when Carol visited recently, she provides an important role model for how to retire—being productive but not over-committed. Congratulations and best wishes, Carol, from all of your colleagues on the CAC and at the Center.

PRC Staff Updates:

New Faces-Welcome Aboard!



Robbie "Gayle" Griffith joined the center on November 11, 2002, as a Research Scientist III. She will be working on PRC projects and providing Motivational Interviewing workshops. Gayle has a bachelor's degree in Psychology and is currently a doctoral candidate at the UNM College of Education, Educational Psychology Department. Her previous research positions have consisted of being a research assistant, research therapist, and research coordinator working with substance abuse, alcohol and tobacco use disorders, neuropsychological disorders, motivational interviewing and evaluation of therapist styles of communication. She developed and designed research studies, informed consents, assessments, and set up data for analysis. Gayle is conducting her dissertation research at the New Mexico Veterans Administration Health Care System. On the personal side, Gayle and her husband drive motorcycles, are restoring a 1952 Chevy Truck, fast walk 3.5 miles a day, and watch or attend all types of sports activities. She loves to read, drink Starbucks coffee, and enjoy friends and alone times.

PRC Student Updates:

Congratulations on Your Achievements!



Vinton Hooee is from Zuni Pueblo and is a junior at UNM. He was accepted into the Anderson School of Management bachelor's degree program in Management Information Systems in the Fall 2002 semester. Vinton joined the Center in June 1999 and has worked on the Southwest Diabetes Prevention Center project under the supervision of Theresa Clay. He assists the project by developing project brochures and flyers, manages the project database and assists with general office duties. Vinton has skills in desktop publishing, graphics, computer languages for programming (HTML and C++) and developing and managing databases.

Evans Lopez joined the Center on November 4, 2002, as a student employee. He works on Teen Centers projects with database entry under the supervision of Lydia Montoya. Evans is from Albuquerque, and a freshman at UNM majoring in Psychology and Chemistry with a minor in French. He attended Albuquerque Technical Vocational Institute during his junior year in high school and also attended the University of Oklahoma in the summer of 2002. Evans is knowledgeable about a wide spectrum of skills and has been involved with Habitat for Humanity, the American Red Cross (Rio Grande Chapter), the Presbyterian Hospice, and other community service programs. He was selected as a participant for the highly selective pre-medical program for American Aborigines at Oklahoma University, and is a member of the Scholar's Wing at Hokona Residence Hall at UNM.



PRC Student Updates, Cont'd



Jared Roy is a freshman at UNM, majoring in Chemistry. He is from Las Vegas, Nevada, and joined the Center in September 2002. Jared assists the Tobacco Evaluation Resource Team (TERT) Project, with the New Mexico Youth Tobacco Survey. His experience includes working at Opportunity Village, in Las Vegas, Nevada, with both mentally and physically challenged people, and at St. Jude's Ranch for children in Boulder City. Jared has good interpersonal skills and also has skills in working with computer software such as Microsoft Access and Excel and he is learning to use PowerPoint. He loves to travel and snowboard.

Deanna Sanchez, a senior majoring in Political Science with a minor in Communications, earned a high grade point average so that her name is on the 2002 Dean's List; she was also selected as a New Member Educator of Chi-Omega. Originally from Las Cruces, New Mexico, she started working at the Center in September 1999, and works on all Center projects associated with the business office and the administration office. Her primary tasks include typing and processing procurement documents, archiving financial reports, typing minutes for the Office Manager and creating and managing databases. Deanna has exceptional skills in Microsoft Office Suite programs (Word, Excel, Access, Power Point), internet searches, GroupWise and Eudora.



Erin Sisk is a graduate student pursuing a Master of Science degree in Nutrition. She joined the Center in May 2002. Erin graduated with a bachelor's degree, *magna cum laude*, in Nutrition and will be receiving her Master's degree in May 2003. She works with Dr. Leslie Cunningham-Sabo on the SIP 17-00 project, *Examining the Contributions of Prevention Research toward Improving Public Health Practice and Policy*. She is primarily working on a literature review of prevention research utilization literature, which is just one aspect of the SIP 17-00 project. Erin put her expertise to work in creating tables, reviewing and abstracting articles, and keeping project tasks organized.

Ryan Toledo, a sophomore at UNM from Na' Neelzhiin, New Mexico, was accepted into the Anderson School of Management, Management Information Systems degree program for Fall 2003. He has been with the Center since June 2000 as a student employee. Ryan is a member of the Navajo (Diné) Nation. He has skills in working with various computer programs and is knowledgeable in computer maintenance. Under the supervision of Jackie Morgan, Ryan works on computer hardware and software installation, computer diagnostics and provides user support for the information technology division of the Center.



Eugene Tsinajinnie is a senior at UNM majoring in Biology with an emphasis in Molecular Biology. Eugene joined the Center in November 2001 and has worked with the Epi/Stats team and Pathways, Youth Risk and Resiliency Survey (YRRS) Project, Partners in Care, Teen Centers, Media Literacy Project and the SIP 17-00 project, *Examining the Contributions of Prevention Research toward Improving Public Health Practice and Policy*. He grew up and attended school in Abington, Pennsylvania. Eugene has skills in database development and maintenance, library research, development of Power Point presentations and he is also able to work on multiple projects.

Rio Grande Institute 2002--A Success

Sheri Lesansee

The pilot of the Rio Grande Institute (RGI), a training program that is designed to enhance the capacity of tribal communities to prevent diabetes, was completed on October 24, 2002. The Southwest Diabetes Prevention Center (SDPC) and the Indian Health Service Nutrition and Dietetics Training Program (IHS N&DTP) co-sponsored this nine-month training program from January through October 2002 in Santa Fe, New Mexico. (See related article on Carol Johnson for the origin of this program.)

The goal of the RGI training program was to enhance the capacity of tribal communities to prevent diabetes. Each participant who completed the courses was awarded a "certificate of completion" and continuing education credits were awarded to nurses and registered dietitians.

A total of 88 participants from the 19 Northern Pueblos and the surrounding communities that serve Native American communities were trained. Participants were trained on the following topic areas:

- Planning, Implementing & Evaluating Health Programs
- Writing and Designing Reader-Friendly Print Materials



Brenda Broussard, MPH, MBA, RD, CDE, facilitates the Building Winning Partnerships course at the Southwest Diabetes Prevention Center Rio Grande Institute 2002.

- Social Marketing for Community Health
- How to Conduct and Analyze Focus Group Interviews
- Building Winning Partnerships
- Using Epi Info software programs
- Finding Health Resources on the Web

SDPC coordinates and provides training, academic courses and workshops to health professionals, diabetes program staff and interested community members throughout the Southwest. Courses are offered for academic and continuing education units, as in-service training, and as community education. There is an emphasis on practical 'hands-on' training that will be of immediate value to participants and programs.

Course and instructor selection, location and schedule are planned based upon an assessment of the needs, interests and schedules of the potential audience. Wherever possible, training is planned and delivered in partnership with local agencies and community organizations. All courses are evaluated for ongoing improvement and to increase the success of participants.

Regular follow-up with participants after training provides an assessment of the impact of the training on diabetes prevention and control efforts.

Based on the positive training evaluations and assessment, as well as the successful collaboration with the Santa Fe Area IHS N&DTP, SDPC will offer RGI 2003 again in February 2003. For information, contact Marla Jasperse at (505) 863-0166 or toll free at 1-(888) 590-6372



ACL Teen Centers Receive Planning Grant Award for HIV Prevention:

Elizabeth Van Mil, Ph.D.

In early October, Dr. Marty Kileen and his colleagues at the PRC and in the ACL Teen Centers communities of Acoma, Laguna and To'hajilee (Canoncito) were glad to learn that a proposal they submitted during the summer was selected for funding. From its inception, the entire project focuses on a very comprehensive strategic planning process that has been and will continue

to be truly community-driven. The award supports a one year planning grant entitled *FIRST VOICES: A School-based ATOD/HIV* Prevention Assessment*, with funds from the SAMSHA (Substance Abuse and Mental Health Services Administration) division of the U.S. Department of Health and Human Services. The funds are granted for work with community members to plan an intervention and prevention program, *FIRST VOICES: Preventing HIV, Alcohol and Drug Abuse*, and to prepare proposals to fund a program to provide services.

This project is a much needed addition to the services offered through the ACL Teen Centers. Community leaders and school officials have expressed the urgent need for an alcohol use prevention program for middle and high school students. Dr. Kileen stated that it has been a number of years since the Teen Centers have gone through a formal planning process with interested community members. What is needed is a program that effectively addresses ATOD* prevention and prevention of unprotected sex, two problems that frequently co-occur and share many risk factors,



(L to R) Eugene Tsinajinnie, Lora Church, Chris Hollis, Michelle Curtis, Judith Rinehart, and Marty Kileen.

including STIs*, HIV* and teen pregnancy. The statistics are alarming for teenagers in this part of the state, in the number who have used drugs and alcohol, the number of those tested who have a sexually-transmitted disease, and the number of teen pregnancies. *The Botvin Life Skills* program, which is a very effective prevention program for 3rd through 5th graders, is not as effective for adolescent age groups.

To plan an effective program to prevent alcohol and drug use, and the risk of STIs, HIV and teen pregnancy among ACL teens, three kinds of information-gathering activities will occur in the next several months. First, the Youth Risk and Resiliency Survey (YRRS) will be conducted for the first time with ACL's middle and high school students. This survey instrument has been used for a random selection of schools across the state. It will provide important data about the extent to which ACL teens are engaged in behaviors that place them at risk for HIV, alcohol and drug addiction and pregnancy, and prevention factors, especially the kinds of positive role models and support networks

they have experienced. Second, teens will be recruited to serve on Youth Advisory Groups, one group for each community. They will help to review and select science-based prevention programs and approaches, to advocate and discuss effective strategies to promote prevention, and to assist in information-gathering and program planning.

For the third set of activities, discussion forums and strategic planning sessions will be held with key community groups, especially families and caretakers, school administrators and teachers, tribal officials and service providers, and teen groups. From these discussions, the planning team hopes to obtain crucial culturally-relevant perspectives and information about intervention strategies that would be effective and about community mores, values and expectations that should guide the planning of the intervention program.

During the final phase of this planning grant, Dr. Kileen and his colleagues during the late spring and summer will conduct an internal assessment of all the information gathered to plan the program and to submit a funding proposal to SAMHSA and other funding agencies. It will be the product of the combined effort of these very significant community partners.

*ATOD: Alcohol, Tobacco Or Drug; HIV: Human Immunodeficiency Virus; STI: Sexually Transmitted Infection

The Center will Prepare the New Mexico Safe Schools Reports

Elizabeth Van Mil, Ph.D.

Through the Safe and Drug-Free Schools Program, officials in the School Health Unit (SHU) of the New Mexico State Department of Education (NMSDE) have assisted school district administrators and teachers with ensuring that New Mexico schools are safe and promote learning. They have required each school to prepare a *comprehensive safe schools plan*. To help with that process, SHU prepared and distributed guidelines, with a template, that enabled school officials to write the plans to cover conditions that are distinct for each school. New Mexico is unique by requiring comprehensive safe schools plans that include elements of prevention and polices along with an emergency response plan. Most states require only an emergency responsiveness plan.

To evaluate the effectiveness of these strategic plans, each of the 89 school districts in the state has submitted information since 1995 about the number and kinds of incidents that occur in the schools. The department compiled this information and prepared statewide data reports that illustrated what the trends were and thus provided insights about the effectiveness of the program and opportunities for future efforts.

This year, Dr. Kristine Meurer,



(L to R) Lonnie Barraza and Kristine Meurer, NMSDE-SHU; Gilbert Quintero and Elizabeth Van Mil, CHPDP.

Director of the NMSDE-SHU, asked Dr. Gilbert Quintero and a staff team at Center to help prepare the reports they have prepared in-house in the past. In the reports to be prepared by Dr. Quintero and his team, the kinds of data that have been presented in the past will be included, but some significant new additions will also be incorporated that highlight the proactive steps schools are taking to address the challenges they face.

As a symbol of this new focus, the title of the report will be *The Safe Schools Report* rather than the *Violence and Vandalism Report*. The data for this report will show that the trend of decreasing incidents that began two years ago is continuing.

Along with an analysis of trends, the reports will include

more information about the history and role of the Safe and Drug-Free Schools Program, and the efforts of NMSDE School Health Unit personnel to assist school officials across the state with ensuring that New Mexico schools are safe. Future reports will include comments from school personnel—principals, superintendents and others—and *success stories* about how their preparation for potential incidents, in developing the plan and conducting drills, have made a huge difference in the effectiveness of responses and decreased response time to various situations. Like previous reports, lists of printed and web resources will be included and the report will be posted on the NMSDE web site.



New HIV Prevention Program for High School Students in 19 Northern Pueblos

Elizabeth Van Mil, Ph.D.

A central purpose for the existence of the PRC is to eliminate health disparities for American Indian people, and this new HIV Prevention Program unquestionably fits that role. From January to June 2003, the Center will implement a training program for high school teachers and other personnel, which will ultimately target American Indian high school students in 19 northern Pueblos, with instructional materials that are designed to motivate them to take HIV prevention measures. The project is a joint effort of the School Health Unit of the New Mexico State Department of Education (NMSDE), Pueblo

schools and the Center. The program will involve training Center staff in the *Circle of Life* curriculum. They in turn will train high school teachers, primarily teachers in health and physical education and school counselors. The purpose of these trainings is to facilitate the use of *Circle of Life* in the high school classroom to effectively encourage students to avoid behaviors that place them at risk for contracting HIV.

In February, the national *Circle of Life* trainer, Edwin Schupman from Spokane, Washington, will train Center staff in a two-day

session in Albuquerque. During the subsequent three months, these trainers will hold at least ten curriculum training workshops for about 25 high school teachers and counselors per workshop. These sessions will be scheduled at designated sites that are convenient for all trainee participants.

The Center will also evaluate the effectiveness of the training received by school personnel, and prepare a final report for NMSDE that provides details about implementing and evaluating the program.

Highlights of November 15, 2002 PRC-CAC Meeting:

Sheri Lesansee

On November 15th, the members of the University of New Mexico Prevention Research Center (PRC) and its Community Advisory Council (CAC) met in the Vice President's Conference Room of the Health Sciences Center in Albuquerque, New Mexico.

The purpose of the meeting was to report on results of the applications submitted for CDC's Special Interest Projects (SIPs). Other items on the agenda included two presentations: Cross Cultural Communication--Improving Translation and Interpretation in Health Care, by Frank Morgan; and SIP 14-99: Coordinated School Health and Pre-Service Training Round Table III, by Chris Hollis and Breda Bova. Also on the agenda were the announcement of the award for Participatory Action

for Healthy Lifestyles (PAHL), a report on the American Public Health Association (APHA) conference, a report on the status of Project DEFINE, a review of CAC Guidelines, an update on this newsletter, and a presentation of the new CDC video *Community Connections*.

The next meeting will be scheduled sometime in February 2003 and the agenda items will include a presentation on water resources by Anthony Lee, revisiting the logic model for Project DEFINE, continuing discussion about CAC Guidelines, discussing the video, an update on the PRC National Community Committee, and a report on the CDC Chronic Disease Conference. CAC members will be notified about the next meeting date.



Photos from The November CAC meeting.

Merry Késhmish Dóó Hózhóogo Nikéénidadohááh! (Navajo)

Feliz Navidad (Spanish)

Nujuweenu Ntdruwaushchiyu Ee Naatsi Kasraiti Ntdruwaushchiya (Keresan-Laguna Style)



Don k`etsamishshi lukya debikwayman chim`ora` anikdohapdu (Zuni)

Seasons Greetings

From all of us at the
University of New Mexico
Prevention Research Center

Back row (L to R)

Lynn Shorter
Jean-Elie Moreau
John Booker
Sally Davis
Jeff Peterson
Shirley Pareo
Erin Sisk
Michele Suina
Ryan Toledo
Eric Chrisp
Linda Beltran
Martin Kileen
Pascal Buser
Jared Roy
Andy Rubey

Middle row (L to R)

Peou Lakhana
Judith Rinehart
Lora Church
Nancy Hood
Chris Hollis
Leslie Cunningham-Sabo
Kari Powles
Mary Anne Flanagan
Elverna Bennett
Elizabeth Van Mil
Lisa Marr-Lyon
Gayle Griffith
Emily Spade
Christine Calvin
Melanie Joe

Front row (L to R)

Willa Ortega
Eugene Tsinajinnie
Theresa Clay
Lydia Montoya
Michelle J. Curtis
Leslie Trickey
Deanna Sanchez
Jackie Morgan
Charlene Poola
Sheri Lesensee

Not pictured

Hector Amaya
Lisa Begay
Rob Guttenplan
Vinton Hooee
Marla Jasperse
Selina Keryte
Evans Lopez
Bernice Martinez
Niles McCall
Rachel Mittleman
LaVern Mraz
Gilbert Quintero
Monica Wyaco

Feliz Año Nuevo (Spanish)

Happy Channukah (Jewish)

Fröhe Weinachten und Glückliches Neu Jahr (German)



on the web:

THE CONNECTION

<http://hsc.unm.edu/chpdp>

The Connection is a production of the newsletter workgroup:

Sally Davis, Ph.D.

Elizabeth Van Mil, Ph.D.

Sheri Lesansee

Andrew Rubey

The Connection is a quarterly newsletter that features programs, provide updates, reports on program activities and announces upcoming events for the University of New Mexico Prevention Research Center and the Community Advisory Council. Direct inquiries and correspondence to Sheri Lesansee, the Editor, by mail or by phone.

*University of New Mexico-Health Sciences Center
Department of Pediatrics-Prevention Research
Center & Community Advisory Council
2701 Frontier NE-Surge Building, Suite 251
Albuquerque, NM 87131
Office 505-272-4462
Fax 505-272-4857*

The University of New Mexico Prevention Research Center (UNM PRC) is one of 28 Prevention Research Centers funded by the Centers for Disease Control and Prevention (CDC) to develop and carry out scientifically-based, innovative chronic disease prevention research to improve the health of Americans. The goal of the UNM PRC is to work in partnership with American Indian communities to improve health and well-being through participatory research, evaluation, education, training, and practice. The UNM PRC has a long history of partnering with American Indian communities in New Mexico and the Southwest. The UNM PRC has a Community Advisory Council (CAC), whose members serve in an advisory and advocacy capacity, and represent the public health interests and concerns of American Indians and other New Mexico populations. Through collaboration and communication, the two entities work together to carry out the goals of the Center.



The University of New Mexico

Health Sciences Center
Department of Pediatrics
Prevention Research Center &
Community Advisory Council
2701 Frontier NE
Surge Building, Suite 251
Albuquerque, NM 87131